

Name of Participant (Please Print): _____
Last First

Shofukan Kendo Dojo Member Liability Release and Waiver

The parties to this Release are the Participant (listed above) and, if under 18, the Participant's parent or legal guardian _____ (all referred to hereafter jointly and severally as "Participant"), and the Shofukan Kendo Dojo (Dojo). The Participant has chosen to participate in Kendo (hereafter "Activity").

Assumption of Risk. Participant expressly understands and agrees that participant in Non-Varsity Athletic Activities presents risks to Participant both serious and minor, including but not limited to head or other injuries, loss of sight, broken bones, brain damage, paralysis and death. Participant is responsible for researching and evaluating the risks she/he may face and is responsible for her/his actions. Participant further recognizes, understands and agrees that the Lawrence Family Jewish Community Center (LJFCC) assumes no responsibility for any liability, damage or injury that may be caused by Participant's negligence or willful acts committed prior to, during or after participation in the Activity, or for any liability, damage or injury caused by the intentional or negligent acts or omissions of any other participant in the Activity, or caused by any other person.

Indemnification and Hold Harmless. Participant specifically understands that she/he is personally responsible, agrees to indemnify, defend and holds harmless the Dojo, their officers, agents, volunteers, students and employees from any action, claim, or demand that his/her heirs, or legal representatives, have or may have for any and all personal injuries he/she may suffer or sustain, regardless of cause or fault as a result of his/her voluntary decision to participate in the Activity or related activities, on or off campus including reasonable attorneys' fees and/or any other associated costs, caused by any act or omission of Participant resulting from direct or indirect participation in the Activity.

Release of Claims. In consideration of being allowed to participate in the Activity, Participant, his/her heirs, executors, administrators, employers, agents, representatives, insurers, and attorneys, hereby release and discharge the Dojo, its officers, trustees, faculty, employees, volunteers, students, agents, and representatives (hereafter "Released Parties") from any and all claims which may arise from any cause whatsoever, including any negligent act or omission by the Released Parties. Participant further releases and discharges the Released Parties from injury caused by the intentional or negligent acts or omissions of any other participant in the Activity, or caused by any other person.

Termination of Participation. Participant understands and agrees to abide by all policies, rules, and regulations. Participant shall not engage in inappropriate conduct including the use of inappropriate physical or verbal abuse. Participant understands that, in its sole discretion the Activity or its representative may terminate Participant's participation in the Activity at any time. Reasons for termination may include, but are not limited to: inappropriate conduct or other

behavior by Participant deemed detrimental to the best interests of the Activity; emergencies; or health or safety considerations.

Physical Condition and Insurance.

Participant attests that she/he is physically capable of participating and has no known health restrictions that might jeopardize her/his safety or health or the safety or health of others during their participation in the Activity.

Severability. It is understood and agreed that, if any provision of this release or the application thereof is held invalid, the invalidity shall not affect other provisions or applications of this release which can be given effect without the invalid provisions or applications. To this end, the provisions of this release are declared severable.

Governing Law and Venue. This release shall be construed in accordance with, and governed by, the laws of the State of California. The venue for any action arising out of this Agreement shall be the County of Santa Clara, State of California. The parties agree to submit to jurisdiction in San Diego County, California.

Construction and Scope of Agreement. The language of all parts of this release shall in all cases be construed as a whole, according to its fair meaning, and not strictly for or against any party. This release is the only, sole, entire, and complete agreement of the parties relating in any way to the subject matter hereof. No statements, promises, or representations have been made by any party to any other, or relied upon, and no consideration has been offered or promised, other than as may be expressly provided herein. This release supersedes any earlier written or oral understandings or agreements between the parties.

Participant acknowledges that she/he has read this release and that she/he understands its meaning and effect.

Date: _____

Participant Signature: _____

Participant Printed Name: _____

Participant's Age (if minor): _____

Parent or Guardian Signature if under 18:

Parent or Guardian Printed Name:

Please indicate if the participant is a current member of the AUSKF (Yes or No): _____

Office Use Only

Member Type & Number: _____

SHOFUKAN KENDO DOJO RULES

1. **BE RESPECTFUL WITH EVERYONE.** When entering and leaving the dojo, greet sensei, staff, parents, and fellow students.
2. **BE RESPECTFUL TO THE DOJO.** When entering and leaving the practice area of the dojo, make a standing bow. Always bow in the direction of the 'shomen' when stepping on or off the dojo floor.
3. **BE POLITE.** Treat others the way you would want to be treated. Be respectful of everyone on and off the dojo. Do not wonder around people while they are training. At the end of the training, while thanking everyone, say their name with a thank you.
4. **ONLY SENSEI TEACHES THE CLASS.** Do not correct fellow students unless they ask for help. Bow to the sensei after individual instruction.
5. **RESPECT YOUR TRAINING TOOLS.** Keep your Kendo uniforms clean and patch any areas that may need to be sewed. Also, fold your uniforms neatly and clean to store back in your bogu bag.
6. **KEEP CLEAN.** Before class, make sure your hands, feet, and face are clean. Make sure your toenails and fingernails are trimmed. Don't walk outside in barefoot and then walk back into the dojo (wear your shoes outside). Remove any jewelry. If you have long hair, pull it back and tie it.
7. **BE ON TIME.** If you are late to class, change into your kendo uniform and greet and explain why you are late to the head instructor prior to participating in the practice for the day.
8. **PRACTICE THE TECHNIQUE SENSEI DEMONSTRATES.** To avoid any injuries and to help in your own growth in Kendo, only practice the technique being taught.
9. **DO NOT GOOF AROUND IN THE DOJO.** Horseplay in the dojo while the class is going on can cause injuries to you and others training.
10. **YOU MAY GET DRINKS AS NEEDED DURING TRAINING, BUT PLEASE DO NOT KEEP YOUR PARTNER WAITING.** Only water for drinking is permitted inside the dojo.
11. **DO NOT LEAVE THE TRAINING AREA DURING CLASS.** Do not leave from training area without asking sensei first. Try not to leave the area unless you are injured or ill.
12. **TRY TO KEEP ALL CONVERSATION LIMITED TO YOUR TRAINING WHILE YOU ARE IN SESSION.**
13. **RESPECT OTHER STUDENT'S EQUIPMENT.**
14. **DO NOT TRAIN IF YOU HAVE A CONTAGIOUS ILLNESS.**
15. **IF YOU HAVE ANY QUESTIONS ABOUT ETIQUETTE, ASK YOUR FELLOW SENPAI** (Senior students) **or SENSEI.**

Print Name: _____
(Kenshi/Student)

Date: _____

Signature: _____
(Kenshi/Student)

Print Name: _____

Date: _____ (Parent/Guardian)

Signature: _____
(Parent/Guardian)

(KENSHI/STUDENT)

(PARENT/GUARDIAN)

MEMBERSHIP COMMITMENT

The organization you are interested in joining, Shofukan Kendo Dojo (SFKKD), is a non-profit organization.

In joining Shofukan Kendo Dojo, you are required to pay kendo membership fee and keep current on your tuition dues, as long as you are a member.

In joining Shofukan Kendo Dojo, you agree and understand that you will have the following responsibilities:

1. From time to time, Shofukan Kendo Dojo will require you to help out at different events and/or functions in support of the dojo. This is done to defray operating costs and/or raise funds to pay for the expense of running the dojo facilities. This is done to keep the cost for you as a member as inexpensive as possible. It is your responsibility to help when asked.
2. You will treat the property as if it is your own and be responsible for any damage to the Lawrence Family Jewish Community Center facilities caused by you, your children and/or your guests.
3. If your children are involved in kendo, you agree to be responsible for the actions of your children.
 - A. You understand that you are solely responsible for supervising your children.
 - B. You will NOT leave your children unattended at the Lawrence Family Jewish Community Center.
 - C. You acknowledge that Shofukan Kendo Dojo is NOT a Child Care or a Babysitting Organization/Facility.
4. You acknowledge that the head instructor has the complete authority to decide whether any individual can continue to remain as a Shofukan Kendo Dojo member, participate in Shofukan Kendo Dojo activities, study and practice at the Shofukan Kendo Dojo related facilities.

Print Name: _____
(Kenshi/Student)

Date: _____

Signature: _____
(Kenshi/Student)

Print Name: _____
(Parent/Guardian)

Date: _____

Signature: _____
(Parent/Guardian)

**Shofukan Kendo Dojo
Dojo and Federation Membership Application Form**

Contact Information:

Name	Age	DOB
Mailing Address		
Email Address	Telephone Number	
Emergency Contact Name	Emergency Contact Telephone Number	

Date of Application: _____

Fees:

A. AUSKF + SCKF Dues: (Select One)	Cost	Total
17 and Under	\$ 44.00	
18 and Over Full-Time Student	\$ 56.00	
18 and Over Non Full-Time Student	\$ 86.00	\$ _____
B. AUSKF + SCKF New Member ID		
New Sign-Up	\$ 10.00	
Non Current Member with existing ID	\$ -	\$ _____
C. Shofukan Annual Membership Due		
	\$ 25.00	\$ 25.00
D. Facilities Use Fee/Tuition (Select One)		
Quarterly	\$ 70.00	
Annually	\$ 250.00	\$ _____
(Each quarter starts on first Saturday of Jan, Apr, July, Oct) If starting mid-quarter for quarterly payment, or mid-year for annual payment, payments will be pro-rated at rate of \$5 per week. (contact us if pro-rating)		

Grand Total

Total Amount Due	(Sum of A-D)	\$ _____
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Signature _____	Date _____
(Parent or Guardian if participant is under 18 years of age)	

AGREEMENT AND RELEASE FROM LIABILITY (AUSKF)

1. **Voluntary Participation.** I, _____, acknowledge that I have
(print name)
voluntarily applied, or have voluntarily allowed my child _____ to apply, to
(print child's name)
participate in kendo instruction and training at a dojo, club or federation which is affiliated with the All United States Kendo Federation (hereinafter, any and all affiliated dojo, clubs, federations are referred to as "AUSKF").
2. **Assumption of Risk.** I AM AWARE THAT PARTICIPATION IN KENDO, AS IN ANY SPORT OR PHYSICAL ACTIVITY, MAY CAUSE PHYSICAL INJURY, DAMAGE TO PROPERTY, AND, IN RARE INSTANCES, EVEN DEATH. I AM VOLUNTARILY PARTICIPATING, OR ALLOWING MY CHILD TO PARTICIPATE, IN THIS ACTIVITY WITH KNOWLEDGE OF THE DANGER INVOLVED, HEREBY AGREE TO ACCEPT ANY AND ALL RISKS OF INJURY, DAMAGE, AND/OR DEATH, AND VERIFY THIS STATEMENT BY PLACING MY INITIALS HERE. _____.
3. **Release.** As consideration for being permitted by AUSKF to participate in these activities and use related facilities, I hereby agree that I, my assignees, heirs, distributees, guardians, and legal representatives will not make a claim against, sue, or attack the property of AUSKF on account of injury, damage, or death resulting from the negligence or other acts, however caused, by any employee, agent, or contractor of AUSKF as a result of my, or my child's, participation in kendo. I hereby release AUSKF from all actions, claims, or demands that I, my assignees, heirs, distributees, guardians, and legal representatives now have or may hereafter have for injury, damage or death resulting from my, or my child's, participation in kendo.
4. **Knowing and Voluntary Execution.** I HAVE CAREFULLY READ THIS RELEASE AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND A CONTRACT BETWEEN AUSKF AND ME AND SIGN IT OF MY OWN FREE WILL.

Executed on [date] _____ at [city] _____, [state] _____.

*Signature of participant or, if participant is a minor,
signature of participant's parent or guardian*

Print name

DECLARATION OF WITNESS

I certify that _____ [above participant/parent of participant]
acknowledged in my presence that he/she read and fully understood the meaning and consequences of the above release, and signed it in my presence.

Executed on [date] _____ at [city] _____, [state] _____.

Signature of witness

Print name

Preparation for Beginners

1. You will need to purchase a **Shinai** (bamboo sword), **Tsuba**, **Tsubadome** (parts that goes with shinai), and Tenugui (kendo towel). Equipments are available to purchase at the Dojo.
2. Dress in comfortable clothes like you would go to the gym. (example: T-shirt and sweat pants, or basket ball shorts)
3. Optional, you can bring hand towel and extra set of clothes.
4. Sensei (Instructors) will be speaking in Japanese from time to time, but they will translate later in English. Be prepared to have an open mind and heart to the Japanese culture and language.
5. Have Fun!

If you have any questions, feel free to ask any of our Sensei (Instructors) or Kenshi (students).

KENDO CLASS DAYS

Saturday

8:30am ~ 10:30am